



motion picture
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SOCIAL SERVICES CORNER

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ASSISTED LIVING IN CALIFORNIA

Question: I am moving my 87-year-old mother to California. Her doctor told me to find her an Assisted Living facility by contacting a free Assisted Living referral agency. What is he talking about?

That is a very good question. "Assisted Living" is a general term used to describe housing that is designed for seniors who need help with personal care, medication management, transportation, housekeeping, food service or other activities of daily living. These are seniors who do not require 24-hour skilled nursing care. The term actually varies from state to state, as each state has its own regulations and licensing requirements for this type of housing.

In California, the Department of Social Services Community Care Licensing Division is responsible for the licensure and oversight of Residential Care Facilities for the Elderly (RCFE), also known as Assisted Living or Board & Care facilities. At its Web site, www.cclid.ca.gov, you can locate licensed facilities by zip code, city, county or area code. RCFEs provide care to persons 60 years of age and over or persons under age 60 who have compatible needs. Persons who have conditions such as diabetes, dementia, or incontinence may reside in these facilities if they can receive incidental medical care

from licensed community providers. RCFEs with Hospice Waivers may also provide care to those who qualify for licensed hospice services. California Assisted Living facilities serve many residents and generally look like large apartment-style buildings with private units. California Board & Care facilities serve no more than six residents in home-style buildings with private or shared bedrooms and shared living and dining areas.

The California Assisted Living Association's Web site, www.caassistedliving.org, provides a list of referral agencies that are members of the Association and a guide for screening agencies. Referral agencies should be carefully screened as they don't provide the same kinds of services. A consumer checklist for evaluating RCFEs can also be found at the Association's Web site.

Sources: *The 4 Steps of Long Term Care Planning*, by Susan B. Day and Thomas Day; California Assisted Living Association; and California Department of Social Services Community Care Licensing Division.

JOKE OF THE MONTH

"A little boy who went to the ballet for the first time with his father watched the girls dance around on their toes for a while, and then asked, "Why don't they just get taller girls?"

—*Jolly Jokes for Older Folks*, Bob Phillips

Laughter is known to boost the immune system, lower blood pressure, burn calories and release pleasure-inducing chemicals in the brain.

Go Green!

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Call 888.994.3863, ext. 2370, or e-mail info@wrmail.org.

Do you or someone you know need our assistance? Call toll-free at (888) 994-3863 or visit www.wrpioneers.org to find out more about our assistance programs.



The Motion Picture Pioneers Assistance Fund is a program of the Will Rogers Motion Picture Pioneers Foundation.

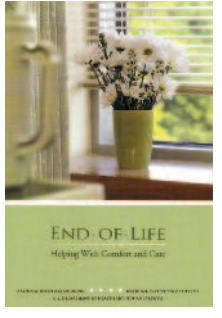


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TAKE A PEEK AT THESE FREE BOOKLETS



“End of Life: Helping With Comfort and Care” is a publication of the National Institute on Aging (NIA). This booklet discusses the issues commonly faced by people who are caring for a loved one nearing the end of life. It is filled with information and suggestions based upon research conducted by the

NIA. It is a booklet that accurately explains end-of-life care so that people making care decisions will have the knowledge to support the best quality of life for their loved one.

These free booklets can be ordered at our Web site www.wrpioneers.org or by calling us directly at (888) 994-3863, ext 2370.



“The 4 Steps of Long Term Care Planning” is a comprehensive guide that provides information about long term care plans that will fit your lifestyle and budget. This publication will help you learn more about the steps of long term care planning:

1. Understanding care options, settings and programs.
2. Funding the costs of long term care.
3. Using long term care professionals.
4. Creating your personal care plan and choosing a care coordinator.

NEW ADDITIONS TO THE MPPAF'S NATIONAL RESOURCE DIRECTORY

American Association of Daily Money Managers: www.aadmm.com, 877-326-5991

This organization is comprised of members who provide daily money management services directly to their own clients. Its Web site offers a search by zip code to locate professional daily money managers.

www.feedthepig.org

This Web site is sponsored by the American Institute of Certified Public Accountants. It is part of a national campaign to help Americans aged 25-34 to take control of their personal finances. It offers fun tools, tips and resources to encourage 25-34 year olds to think through their spending and saving habits.

www.360financialliteracy.org

This Web site is sponsored by the American Institute of Certified Public Accountants. It offers helpful financial information and suggestions for managing personal finances. It also has a search tool to find Certified Public Accountants.



QUOTE OF THE MONTH

“ Even if you are on the right track, you'll get run over if you just sit there. ”

— Will Rogers

To view our entire National Resource Directory, please visit www.wrpioneers.org.